

Traditional Meal Plans

Wondering which meal plan to choose? This chart helps tell the differences of our various traditional meal plan offerings. Sophomore students living in Dunlop or Printz apartment buildings are required to have a meal plan, but they can also select from the commuter options. Graduate students, juniors, and seniors, living in the apartments are not required to have meal plans.

For new, first time residential students, the two options are: the Deluxe Block 300 and the Basic 19. With more years of achievement, more options become available.

	Deluxe Block 300	Basic 19	Block 190	Flex 15
What is the cost per semester?	\$2,349*	\$2,099*	\$2,085*	\$2,035*
How many meals are included?	300 per semester	19 per week + 8 bonus meals	190 per semester	15 per week + 8 bonus meals
How many Dining Dollars are included?	\$200	\$0	\$250	\$125
Does the plan carry over from one week to the next?	Yes, until the 300 meals are used or the end of the semester, whichever comes first.	No, unused meals are forfeited at the end of Saturday meal times.	Yes, until the 190 meals are used or the end of the semester, whichever comes first.	No, unused meals are forfeited at the end of Saturday meal times.
Can be used in the Dining Hall?	Yes	Yes	Yes	Yes
Can be used in the Ram's Den, Fireside Bistro, and the Wellness Center	Yes as a "meal transfer."	Yes as a "meal transfer."	Yes as a "meal transfer."	Yes as a "meal transfer."
Is this plan available to all residents?	Yes	Yes	No, Residents must have earned at least 24 credit hours	No, Residents must have earned at least 24 credit hours
How many meals can be used during each meal period?	Multiple	One per meal period	Multiple	One per meal period

Meal Transfers

2016-17

- During the "meal transfer times," a meal can be applied as a specified dollar value to purchase food in our Wellness and Student Center retail food locations. For example, in 2015-16, breakfast had a \$4.95 value and lunch and dinner had a \$6.15 value
- Dining dollars can be used at any time and a 5% discount is applied.
- Questions? Email residencelife@shepherd.edu or call (304) 876-5172

Meal Plan Request:

Name: _____ Phone #: _____

Email address: _____ ID Number: _____

I would like to request the following meal plan (contingent on my eligibility for the plan)

- Deluxe Block 300 Basic 19 Block 120 Flex 15

Signature: _____ Date _____