

Commuter/Apartment Meal Plans



Wondering which meal plan to choose? This chart helps tell the differences of our various commuter and on-campus meal plan offerings. Sophomore students living in Dunlop or Printz apartment buildings are required to have a meal plan, but they can also select from the commuter options. Graduate students, juniors, and seniors, living in the apartments are not required to have meal plans.

	Ram Deluxe	The Shopper	The Commuter Express	The Budget Express
What is the cost per semester?	\$1,010*	\$665*	\$610*	\$460*
How many meals are included?	120 per semester	50 per semester	65 per semester	40 per semester
How many Dining Dollars are included?	\$170	\$295	\$140	\$165
Do the meals on the plan carry over from one week to the next?	Yes, until the 120 meals are used or the end of the semester, whichever comes first.	Yes, until the 50 meals are used or the end of the semester, whichever comes first.	Yes, until the 65 meals are used or the end of the semester, whichever comes first.	Yes, until the 40 meals are used or the end of the semester, whichever comes first.
Can be used in the Dining Hall?	Yes	Yes	Yes	Yes
Can be used in the Ram's Den, Fireside Bistro, and the Wellness Center	Yes as a "meal transfer."	Yes as a "meal transfer."	Yes as a "meal transfer."	Yes as a "meal transfer."
Is this plan available to all residents?	Only to commuters and campus apt. residents	Only to commuters and campus apt. residents.	Only to commuters and campus apt. residents.	Only to commuters and campus apt. residents.
How many meals can be used during each meal period?	Multiple	Multiple	Multiple	Multiple

Meal Transfers

2016-17

- During the "meal transfer times," a meal can be applied as a specified dollar value to purchase food in our Wellness and Student Center retail food locations. For example, in 2015-16, breakfast had a \$4.95 value and lunch and dinner had a \$6.15 value
- Dining dollars can be used at any time and a 5% discount is applied.
- Questions? Email residencelife@shepherd.edu or call (304) 876-5172

Meal Plan Request:

Name: _____ Phone #: _____

Email address: _____ ID Number: _____

I would like to request the following meal plan (contingent on my eligibility for the plan)

- Ram Deluxe - \$1,010
 The Shopper - \$665
 Block 120 - \$610
 Flex 15 - \$460

Signature: _____ Date _____